

CLASSES – FALL 2006

MONDAY MORNINGS AT SUN CITY

8:30AM – 10:00AM (Monday)

Geology of Texas: Six Familiar Central Texas Scenic Landscapes

Don Beaumont and Linda Scarbrough

Windows on 200 years of American History and 2 Billion years of the Earth's Living Crust. The Six "landscapes" are:

1. The Land of a Thousand Springs: an ancient tropical ocean island paradise
2. The Balcones Corridor: a line of dormant volcanoes, earthquakes, and faults associated with the Texas Appalachian Mountains
3. The Blackland Prairies: the "Black Greasy" the prelude to a major geological event
4. The Lost Pines Carrizo Sand Dunes; the beginning of the modern Gulf of Mexico geosyncline
5. The Appalachian Mountains of Texas: buried remnant mountains with moderate oil and gas potential
6. The Llano Fiery Furnace: the foundation rocks of the North American Continental Crust.

This class is 1 ½ hours.

There will be a Fall Field Trip on Wednesday, November 1 for an additional fee. Travel will be by bus and we will visit 10 sites that give provide windows on American history and support the proposition that the earth's crust is a living entity: i.e. is capable of reproducing itself. Class members will have first preference to sign up for the trip.

8:30AM - 10:00AM (Monday)

Spanish II

Susan Bellard

This course is a continuation of the Beginning Spanish course taught by Ms. Bellard in the Spring Semester. The text will be the same, *Learning Spanish the Fast and Easy Way*. The class will be limited to 15 students with preference given to continuing students. New Students will need some proficiency in the language, and must contact Ms. Bellard for approval to enroll in the class. Ms. Bellard has taught Spanish at various schools and colleges in central Texas. **Class limited to 15 students.**

This class is 1 ½ hours.

8:30AM – 10:00AM (Monday)

The Wonderful Machine: The Human Body

Bob Manning and Bob Hazelwood

Our Senior University physician and physiologist continue their popular explorations of the things which keep us going. They will deal with the following topics:

Circulatory system
Lungs
Kidneys
Urogenital
Endocrine organs
Gastro-intestinal

This class is 1 ½ hours

8:45 AM – 9:30 AM (Monday)

St. Augustine: In His Time and Ours

Farley Snell, Lecturer

Farley Snell, emeritus professor of religion and philosophy at Southwestern University and popular Senior University lecturer, will present a new course on St. Augustine. It will be a study of the life, times and thought of the most influential thinker of Western Christianity.

9:00 AM – 10:00 AM (Monday)

Listening for Hidden Meaning

Meredith B. Mitchell, PhD

Listening to a spoken message is not just receiving a series of words that automatically have universal meaning. On the contrary, each listener *assigns* personal meaning to what is being heard, depending upon his or her past experiences, intelligence, culture, emotional state, physiological state, and many other factors. Our unique complex personal condition colors what we hear. This class will strive to help each participant (1) become aware of that fact and (2) strive to develop ways of listening—partially by remaining vigilant to inner and outer cues—so as to minimize interference to effective listening. Through examples and participation, you will learn to identify implied messages not overtly spoken. Dr. Mitchell conducted seminars for many years at UCLA.

9:00 AM – 10:00 AM (Monday)

Notable Trials II

Dwight Henn

Come view significant American situations through the prism of notable trials, including those of Susan B. Anthony, John Scopes, and others. We will examine the setting, the crime, the trial, and the impact of each trial. Dr. Henn is a retired school Superintendent and will lead the discussion of these important historical trials.

10:30 AM – 11:30 AM (Monday)

Addiction: A Pain in the Gut

Joseph Way, Lecturer

This course offers a very different approach to understanding, treating and preventing abusive behavior, focusing on alcohol abuse but not limited to it. Due to its simplicity, we have overlooked this approach but, due to its demands, we have failed to apply it.

In most instances, abuse and addiction were/are preventable and treatable. Prevention is always more desirable. In order to prevent or properly treat, it is

absolutely necessary to recognize the cause(s). Abusive behavior is a sure sign of pain in one's gut but it is also a definite attempt to get relief.

Using this different approach to prevention and treatment requires no advanced degree or specialized training. It points to what most of us already know.

Joseph Way was an Airforce Chaplain and is a certified counselor for alcohol and drug abuse in Texas and is uniquely qualified to deal with this subject.

10:30 AM – 11:30 AM (Monday)

China

Stephen Benold, Lecturer

Do you wish you had a better "handle" on what's happening in China today? This course will cover the following topics, and more: China in the world economy; China, a hidden environmental disaster; China's domestic transformation, democracy or disorder; China's foreign policy, partner or rival. All of these will be considered in the light of 2 millennia of Chinese history and culture.

(This course will also be offered at 10:30AM on Tuesday)

10:30AM – 12:00 Noon (Monday)

Spanish IV

Susan Bellard

This is an advanced Spanish Course with continuing students who have taken previous courses from Ms. Bellard. The class will be limited to 15 students with preference given to continuing students. New students must have proficiency in the language and must contact Ms. Bellard for approval to enroll in the class. Ms. Bellard has taught Spanish at various schools and colleges in central Texas.

This class is limited to 15 students.

This class is 1 ½ hours.

10:30AM – 12:00 Noon (Monday)

Memoir Writing

Jackie Switzer

This will be a hands-on writing class for people who wish to write their life's memories in story form. Participants will need pen and paper. The write-and-share method will be used. Repeat participants from

previous sessions are welcome. The class will be limited to 8 participants.

This class is 1 ½ hours.

10:30 AM – 11:30 AM (Monday)

Flourishing: Optimizing The Human Potential

Adam Blatner, Lecturer

Dr. Blatner will continue his popular presentations on practical psychology and philosophy. He will share a variety of concepts, skills, and activities used in current programs for personal development. These approaches offer the promise of going beyond mere "normality" to learning to enjoy greater mental flexibility, enhanced vitality, and meaning.

10:30AM – 11:30AM (Monday)

Suffering as Noted by the Book of Job

Jim Beyer

The book of Job reveals drama, dialogue, monologue, and events fitting a three act play such as those experienced by the Ancient Greeks. The Book of Job is frustrating by what it does not say, comforting by what it suggests, and intriguing as its pages gives unexpected information to the reader. Job was noted for his perseverance: Job was a prosperous man, Job is described as "blameless and upright, and one who feared God and shunned evil", yet, experienced suffering. The problem of human suffering is captured by a question: How can a good God who created this world ideally for the comforts of mankind, allow us to suffer? Job and his friends discuss this question. Let us study the Book of Job together and see if a greater comfort will be given as we seek answers to the age-old riddle of human suffering. We will discuss the issue of suffering through the nature of man and anxiety defined by the "popular" school of thought within philosophy, psychology, education, and theology.

Jim Beyer's experience as a theology professor uniquely qualifies him for this course.

**MONDAY
EVENINGS AT
SUN CITY**

7:00PM – 8:00PM (Monday)

Artful Readings

Ann Garrard and Judith Ghetti-Ommen

Judy and Ann continue their evenings of art, literature and discussion. The topics for this series are:

September 25 - Slide Lecture of art from the Wadsworth Atheneum

October 2 - Discussion of *The Unknown Masterpiece* by Honore de Balzac

October 9 --Slide lecture on the paintings of Caravaggio

October 16 - Discussion of *The Lost Painting* by Jonathan Harr

October 23 - Slide lecture on the art of Vincent van Gogh

October 30 - Discussion of *Johanna* by Claire Cooperstein

Each participant is responsible for obtaining and reading the books to be discussed. We are ordering 15 copies of *The Unknown Masterpiece*. To reserve a copy, please call Judy (868-1277) or Ann (864-0576).

Class limited to 25 participants.

**TUESDAY
MORNINGS AT
FIRST BAPTIST CHURCH**

8:30AM – 10:30 AM (Tuesday)

Drawing for Anyone

George Cape

This is a drawing class for anyone who enjoys sketching or would like to learn to draw. This class will include drawing and observation techniques. The goal of the class is to equip students with techniques and generate the desire to have fun learning to draw by drawing. George Cape is a retired architect and active artist who will share his knowledge of drawing.

This class is limited to 12 students.

This class is 1 ½ hours.

8:30AM – 10:00AM (Tuesday)

Beginning Spanish

Gloria Gonzalez

This will be a beginning course in conversational Spanish limited to 15 students. Gloria Gonzalez earned her MA in Spanish at North Texas State University and has had 15 years teaching experience. She has been a resident of Sun City for 10 years. Required Book and CD will be available for purchase the first day of class at a discounted educational cost of approximately \$40.

This class is limited to 15 students.

This class is 1 ½ hours.

9:00AM – 10:00 AM (Tuesday)

Travel Series

Tom Ommen, Coordinator

September 26

Paris, Rome and Tuscany by Jim Bilbro

Jim Bilbro will have a slide show from his October, 2005 trip to Paris, Rome, and Tuscany. He and his wife stayed in apartments a week each in Paris and Rome. In Tuscany they stayed two weeks in an agriturismo apartment on a vineyard and winery near Montalcino, 40 kilometers south of Siena, the center for Brunello wine production. They traveled daily to the many villages and rural areas of Tuscany. Jim has lived in Sun City for four years and is active in several clubs: Photography, Computer, Sun City Cyclists, and Woodworking. He teaches two classes for the Computer club. One is a Digital Camera class and one is a Photoshop class for editing photos. Italy and France are two of his favorite venues for photography.

October 3

How to Take Better Travel Pictures by Wes Odell

Wes Odell will provide a program titled "How to Take Better Travel Pictures," on Oct 3. While at Sun City he has been the Director of Education of the Photography Club and a Photoshop Instructor in the Computer Club. His work has been published by the Utah Travel Council, and has appeared on the covers of recent Sun Rays magazines. He won 1st Prizes at the 2004 and 2005 Texas State Fairs with his photography

October 10

Canada and the American Northwest by Roy McDonald

Roy McDonald will show some of his landscape images from a five-week fall trip through Colorado, Wyoming, Montana, the national parks in the

Canadian Rockies, and returning through Washington, Oregon and northern California. He will also show a number of fungi photographed in Montana. Roy loves to travel to new places to experience and photograph nature. His goal is to capture the beauty, feeling, and essence of a scene as he experiences it and to convey this in his photographs.

October 17

Pakistan and India by Pat Patton

Pat's talk will recreate a month's journey in Pakistan and India, a highlight of which was visiting the local market in Karachi where we were told tourists never go. But we found lots of interesting wares offered: pots and pans as shiny as any we had ever seen, hundreds of exotic spices, and the most elaborate painted trucks of any country in our years of travel. In New Delhi, India we were pestered with hundreds of street peddlers, most of whom seemed to be trying to get us to buy cloth handkerchiefs, which we have not used for years. It was a mixture of experiences different from those found most anywhere else in Asia.

October 24

Costa Rica, land of lush vegetation, hundreds of birds, and very friendly people by Bill Dudley

Bill was born, reared, and educated in Oklahoma. Following graduation from college, he was a research engineer on the Apollo program with North American Rockwell in Downey, California. After 10 years on that program, he returned to Oklahoma where he owned and operated a Real Estate Title Company for 35+ years until 2005 when he retired to Sun City.

October 31

Eastern Europe by Tom Ommen

Tom Ommen will present images from a November 2005 trip to Eastern Europe. Among the cities and towns visited were Warsaw, Krakow, Zakopane, Prague, Holloko, S'Entendre and Budapest. In addition, Tom and his wife Judy have visited friends in Basel. Tom has lived in Sun City for five years.

9:00 AM - 10:00 AM (Tuesday)

Ranching in the Texas Panhandle

Penny Burt

Agricultural Texas is known for three intertwined cultures: cattle, sorghum and cotton. The Panhandle (a boom or bust kind of place) is home to all three. This course will focus on the evolution of cattle raising and its major challenges: weather, water, markets, disease and government. The format is lecture and discussion.

Penny Burt is a longtime member of Senior University. She grew up on a cow-calf operation in the eastern Texas Panhandle. Her work life started in hospital nursing and continues part-time in law practice related to health care.

9:00AM – 10:00 AM (Tuesday)

The Bill of Rights – A Contemporary View

Dr. Sarah "Sally" Pell

How are the Amendments to the Constitution argued in American courts today? This course will look at the dynamics of the law and the Bill of Rights. Special emphasis will be on the First Amendment (freedom of religion, speech, press, assembly) and the Fourth Amendment (search and seizure, privacy) as they apply to issues in today's headlines. Students will be asked to discuss issues at law within the framework of the Constitution's Bill of Rights and the dynamics of our legal system.

Sally Pell received her doctorate from Duke University in the area of School Administration and Education Law. She taught various courses in law at Florida International University (one of the ten state universities), Miami, Florida for twenty-five years. She was voted Graduate Professor of the Year, and she has published extensively in the area of law.

10:30AM – 11:30 AM (Tuesday)

Submarine Developments and our Quiet Victory

John F. Yeaman, Lecturer

The major emphasis of the seminar is the advanced American submarines and their crews in World War II's quiet victory that sank two-thirds of enemy ships. Subs were long-range, fast, habitable, welded designed to operate in the tropical Pacific. The first two years Adm. Lockwood resolved major problems that made our subs ineffective. Dozens of creative skippers and crews courageously developed new tactics. Code breakers often vectored subs to targets. The price was high; one-fifth of crewmen are on "eternal patrol."

To begin we briefly survey the history of submarine development, culminating in John Holland scientifically evolving the basis of the modern submarine, selling the Navy its first one in 1901. We conclude with nuclear power and decisive intelligence from daring, secret operations of fast, quiet attack subs and the effectiveness of missile subs or boomers.

10:30 AM – 12:00 Noon (Tuesday)

THE MAGIC FLUTE by W. A. Mozart

Rosalie Schellhous

The course will explore the way this beautiful fairy-tale opera by Mozart and Emanuel Schikaneder draws on theatrical traditions from their own time (1791) back to ancient Egypt to make a delightful story of awakening and spiritual transformation. This is a German opera--a Singspiel--written in the vernacular, and intended to challenge the dominant Italian opera tradition of the time. It is filled with fantasy, magic, and broad comedy, jokes and contradictions, but at a more serious level it takes its heroes from suspense and foreboding through a series of trials that end with an enlightened moral vision. Much of the opera is modeled on the rituals of 18th-century Freemasonry. This opera does not have a "definitive" form, but lends itself well to a variety of different treatments by different artists in different times and places.

Dr. Rosalie Athol Schellhous is retired from the faculty at The Michigan State University School of Music, where she taught music history and music theory from 1982 to 1998. She also taught at the Santa Barbara and Riverside campuses of The University of California and at California Lutheran University.

Text: "The Magic Flute": Wolfgang Amadeus Mozart. English National Opera Guide No. 3. London: John Calder, 1980; New York: Riverrun Press, 1983. ISBN 0 7145 3768 3
Available at www.amazon.com

Recording: "Mozart's The Magic Flute." Conducted by Arnold Ostman. Directed by Goran Jarvefelt. Chorus and Orchestra of the Drottningholm Court Theater.

This class is 1 ½ hours.

10:30 AM – 11:30 AM (Tuesday)

**Texas and Texans in the Civil War, A Case Study:
The Danville Mounted Riflemen,
Company B Twenty-fourth Regiment Texas Cavalry
Karen Hett**

This course will review the position of Texas at the beginning of the Civil War, the Secession Convention, the formation of the Texas State Troops, and the relationship of Texas to the Confederacy. The major focus will be on a short-lived brigade of Texas Cavalry and the men of a particular company. Karen Hett researches the 24th Regiment Texas Cavalry and maintains web pages on the Danville Mounted Riflemen and the 24th Regiment. Her articles on the subject of Texans in the Civil War are printed in "The Montgomery County Herald," publication of the Montgomery County Texas Genealogical and Historical Society.

10:30AM – 11:30 AM (Tuesday)

**China
Stephen Benold, Lecturer**

Do you wish you had a better "handle" on what's happening in China today? This course will cover the following topics, and more: China in the world economy; China, a hidden environmental disaster; China's domestic transformation, democracy or disorder; China's foreign policy, partner or rival. All of these will be considered in the light of 2 millennia of Chinese history and culture.

10:30AM – 11:30AM (Tuesday)

**Health Care Developments in Williamson County
Seaton Health Care Staff**

This course will feature six lectures with question periods covering the following topics:

1. Respiratory Illness and the Community Impact
2. Stroke Prevention
3. Diabetes Management and Prevention
4. Heart Health
5. Stress Reduction
6. Overview of Healthcare and Seton Medical Center Williamson's response in the community

**TUESDAY
AFTERNOON/EVENINGS
AT SOUTHWESTERN**

4:00PM – 5:30PM (Tuesday)

**Great Books XIX
Bill Glass**

The Great Books Course is a participatory reading and discussion seminar that requires weekly reading of assigned texts prior to the class meeting. We follow the format of the Great Books Discussion Program that centers the discussion on the text. The works for the fall term are: R. W. Emerson, *Experience*; Shakespeare, *Henry IV Part I*; Plato, *The Republic*; Coleridge, *Rime of Ancient Mariner*; F. H. Bradley, *The Limits of Self Sacrifice*; Chekhov, *Ward No. 6*. This class is limited to 12 participants with preference given to returning students. You will be confirmed in the class after registration, and the leader will contact you about purchasing books.

This class is limited to 12 students.

This is a 1 ½ hour class.

4 PM – 5 PM (Tuesday)

The Worlds of Isaac Bashevis

Singer

Agnes Robinson

I. B. Singer stories and novels present the complex world of New York City where mid 20th century European refugees find themselves and the simple world of the Eastern European villages they have left behind. Colorful characters of both worlds remind us of our universal longings and aspirations for what is past and the wisdom that comes with time. Although Singer's stories are set in turbulent political and social times, a critic said of him, "He simply wants to tell about his characters, their depravity and decency, their tender love and their passions." In 1978 I. B. Singer received the Nobel Prize for literature. This course will be interactive with all participants using the same edition, *The Collected Stories*, Isaac Bashevis Singer – Faar, Straus & Giroux ISBN 0-374-51788-6 available at Barnes & Noble.

7:00PM – 8:00PM (Tuesday)

Medical Ethics in a Changing Society

Paxton Howard, Jr. M. D.

Dr. Howard is Professor of Internal Medicine and Humanities in Medicine, Scott & White Clinic/Texas A&M College of Medicine at Temple. One of the areas of his expertise is ethics in medicine. He will cover the following topics:

1. A Brief History of Bioethics
2. Important Events in Bioethics
3. Patient Autonomy
4. End of Life Issues
5. Students' choice of topic and wrap up discussion

He will use the text *Bioethics Beyond the Headlines: Who Lives? Who Dies? Who Decides?* By Albert R. Jonsen; Rowan & Littlefield Publishers, 2005.

7:00 – 8:00 PM (Tuesday)

The Vietnam Era with an Iraq Comparison

Jay Pierson, Lecturer

American involvement in Vietnam began after World War II with the U.S. support of the French colonial rule in

Indo-China. The war eventually became "America's war," instead of South Vietnam's war, with the approval of the Gulf of Tonkin Resolution by Congress in August of 1964. Vietnam was America's longest war and ended with the nearly total withdrawal of American forces in 1973. The massive evacuation of all Americans (diplomats and

military guards) in 1975 completed the era and left the American people with many doubts and questions that still resonate today. The U.S. is now involved in another war, a long way from home, and many see Iraq as a reflection in the Vietnam mirror. Come join in searching for some truth. This could be a great adventure.

Jay Pierson is an Adjunct Professor at Texas State University.

7:00PM - 8:00PM (Tuesday)

Locke, Berkeley & Hume: 18th Century Philosophers

Doug Browning

In opposition to the continental *rationalism* of the 17th century which maintained that at least some of our ideas are innate and that the most general truths about the world are self-evident, the British philosophers Locke, Berkeley, and Hume argued for a strict *empiricism*, maintaining that all of our ideas, as well as our knowledge of the world, derive ultimately from experience. Their formulation of the empiricism they championed had an enormous influence on subsequent philosophy in all of its areas of investigation and on political thought, especially that of the fathers of the American Revolution. Since the particular view of experience that these philosophers adopted as their starting point has not been accepted by certain contemporary philosophers, it is always useful to reconsider it.

Suggested Text: *Readings in Modern Philosophy, Vol. 2: Locke, Berkeley, and Hume Associated Texts*. Edited by Roger Ariew and Eric Watkins, Hackett Publishing Co., 2000. 18.95 available for sale at:

<http://www.hackettpublishing.com>

Dr. Browning is a retired Professor of Philosophy at the University of Texas.